

# Your **GUIDE** to Caring for Your **Hair Extensions**

**Washing** After your extensions are installed, you'll need to **wait at least 48 hours to wash** your hair. After 48 hours, you'll want to wash your hair **no more than twice a week** to retain moisture and increase your hold time. You'll also want to wash your hair **immediately after exposure to salt or chlorine**. The best option is to **wear a swim cap** to avoid exposure to these things while swimming. When washing, **avoid your wefts**. Gently work the shampoo into your scalp while avoiding the tape, then work the shampoo from the middle of your hair to the ends. When conditioning, skip the scalp and condition only below your tape.

**Drying** **Avoid using heat** to dry your extensions. Because the hair in your extensions is no longer living, it cannot rejuvenate itself after heat exposure like your hair does. Because of this, using heat to dry your extensions will remove excess moisture and cause the hair to become dry and brittle much faster. Do not wrap hair in a towel and do not flip your hair upside down. Avoid squeezing or pulling your hair. **Use a towel to gently pat** your hair from the bottom up. Work with your fingers to gently reduce tangles, then **let your hair air dry**.

**Brushing** Make sure your hair is **completely dry before brushing your extensions**. Your hair is weakest when wet. That means pulling a brush or comb through it does the most damage when it's wet. We suggest using a **wide toothed comb** instead of a brush. **Hold your hair just under the tape** to ensure you're not pulling on the tape itself. Then, **start brushing at the bottom** and work your way up.

**Protecting** Remember, your extensions can't rejuvenate themselves like your hair so you'll need to protect them. When **swimming, wear a cap**. When **exercising, wear a high ponytail** to protect the hair from sweat and oils. When **sleeping, wear a low, loose braid or ponytail** to prevent excess movement and friction. When your extensions are not installed, **store them correctly** by gently washing, air drying, and detangling them. Then, store them flat in an air-tight container in which they're not bent or crumpled.

**Maintaining** No extensions can stay in forever. As your hair grows, the extension stays in the same place on the hair strands and moves further from your scalp. By the time your extensions have been in for six weeks, the tape starts to break down, making it harder to remove. If you're thinking leaving your extensions in longer will save you money or time at the salon you're wrong. It will most likely end up being much more expensive because of the extra time and product it will take to remove the extensions. Visit your stylist **every six weeks** to get your extensions moved up or removed.